

## Counselor's Corner

It is with great pleasure that I greet you in writing. My name is Shanika Reid and I am excited to share, or remind you about our School Counseling program. School counselors foster the academic, social/emotional and career development of students throughout their academic careers.

The most important part of my job is to help you, help your child, and get the best out of their educational experience at DRES. Not only does a good education involve reading, writing and math skills, but also includes learning good social skills. Social skills include: <a href="learning how to get along with others">learning how to get along with others</a>, <a href="mailto:making good choices">managing emotions</a>, <a href="mailto:accepting responsibility">accepting responsibility</a>, and <a href="mailto:being aware of strengths and weaknesses">being aware of strengths and weaknesses</a>. Through individual meetings, small group meetings, classroom guidance activities, and special programs, I will support the social skills that are taught in your home and in their classrooms.

I am also here to help students who are facing unique difficulties. Family disruptions such as illness, death, and divorce may affect children at school. Sometimes an individual counseling session with your child is needed. When I am aware of any special problems your child is facing, I can help you and your child discover strategies for coping. I welcome the opportunity to discuss any particular concerns you have about your child and brainstorm ways to help him or her. Auburn City Schools offers school based mental health services for students with significant issues that impede classroom learning. For more information, please contact me or our administrator.

When the school and parents work together, we can create a winning atmosphere for our children. Your child deserves to win, and as a team, we can make that happen!

Please contact me by phone 334-887-4900 or email ssreid@auburnschools.org, whenever you need my assistance.

I am here to help.

Shanika S. Reid Dean Road Elementary School Counselor

